

Lords Ayurveda Research Center offers some of the best Ayurveda courses in Kerala, providing internationally focused training for students and wellness professionals. Our programmes include Ayurveda courses in Kerala, Ayurveda therapist course Kerala, Ayurveda Panchakarma course in Kerala, Panchakarma training course in Kerala, Ayurvedic massage course Kerala, Ayurveda diploma courses in Kerala, and massage therapy courses in Kerala. As a trusted Ayurveda institute in Kerala and one of the recognised Ayurveda schools in Kerala, we also promote Ayurveda lifestyle and diet education to support holistic health. We offer Yoga Teacher Training programmes including RYS200, RYS300, and RYS500, helping students build rewarding careers in Ayurveda and yoga with practical, hands-on learning in Kerala.

