



Kamagra Polo 100: An Overview

Kamagra Polo 100 offers a modern approach to managing erectile dysfunction (ED) in men. This chewable tablet, containing 100 mg of Sildenafil Citrate, is manufactured by Ajanta Pharma and comes in a variety of pleasant fruit flavours, including pineapple, mint, strawberry, and lemon.

Understanding the Core



Sildenafil Citrate

The active ingredient is a Phosphodiesterase type 5 (PDE5) inhibitor.



Enzyme Inhibition

It works by inhibiting the PDE5 enzyme, leading to increased cGMP levels in the penile tissue.



Enhanced Blood Flow

Elevated cGMP relaxes blood vessels, significantly enhancing blood flow to the penis for an erection.



Sexual Stimulation Required

It is important to note that **sexual stimulation** is still necessary for the medication to be effective.

Unveiling the Benefits



Rapid Action

Its chewable form allows for faster absorption, with effects typically starting within 10-30 minutes.



Improved Performance

Significantly enhances the ability to achieve and maintain a firm erection.



Boosted Confidence

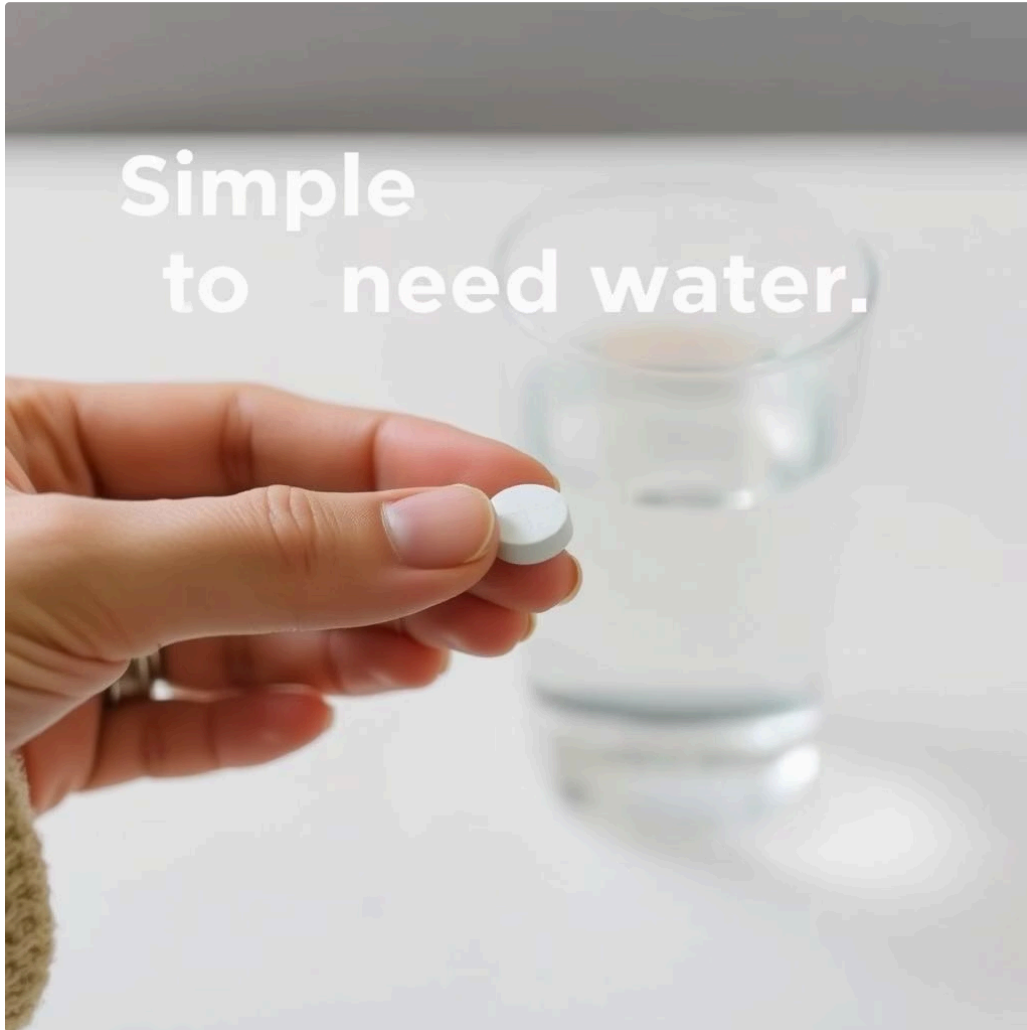
Contributes to greater sexual confidence and overall satisfaction for users.



Discreet & Convenient

Easy to carry and consume without water, making it a highly discreet option.

Usage Guidelines



- **Dosage**

Take one 100 mg chewable tablet.

- **Timing**

Consume 30-60 minutes before sexual activity.

- **Administration**

Chew the tablet thoroughly before swallowing.

- **Frequency**

Do not exceed one tablet per 24 hours.

- **Food Intake**

For best results, take on an empty stomach or after a very light meal.

Onset and Duration

Kamagra Polo 100 is designed for both rapid action and sustained effect, offering flexibility for users.



10-30min



4-6hrs

Onset of Effect

Users typically experience the initial effects within this short timeframe, making it ideal for spontaneity.

Duration of Action


The therapeutic effects can last for several hours, providing a sufficient window for sexual activity.

It's important to remember that effectiveness is still contingent on adequate sexual arousal. The chewable format facilitates quicker absorption compared to conventional tablets.

Understanding Side Effects

While generally well-tolerated, Kamagra Polo 100 can cause some side effects.

- **Headache:** The most common side effect reported.
- **Flushing:** A sensation of warmth or redness on the face, neck, or chest.
- **Nasal Congestion:** A stuffy or blocked nose.
- **Dizziness:** Feeling lightheaded or unsteady.
- **Upset Stomach/Indigestion:** Discomfort in the upper abdomen.
- **Vision Changes:** May include blurred vision or increased sensitivity to light.
- **Typically Mild:** These effects are usually temporary and resolve on their own.
- **Seek Medical Advice:** Consult a doctor if any side effects become severe or persistent.

 Always prioritise your health. If you experience any concerning symptoms, contact a healthcare professional immediately.

Precautions & Contraindications

Nitrate Medications

Absolutely contra-indicated with nitrates (e.g., nitroglycerin) or nitric oxide donors due to severe blood pressure drop risk.

Alpha-Blockers

Avoid concurrent use without medical guidance due to the potential for significant hypotension.

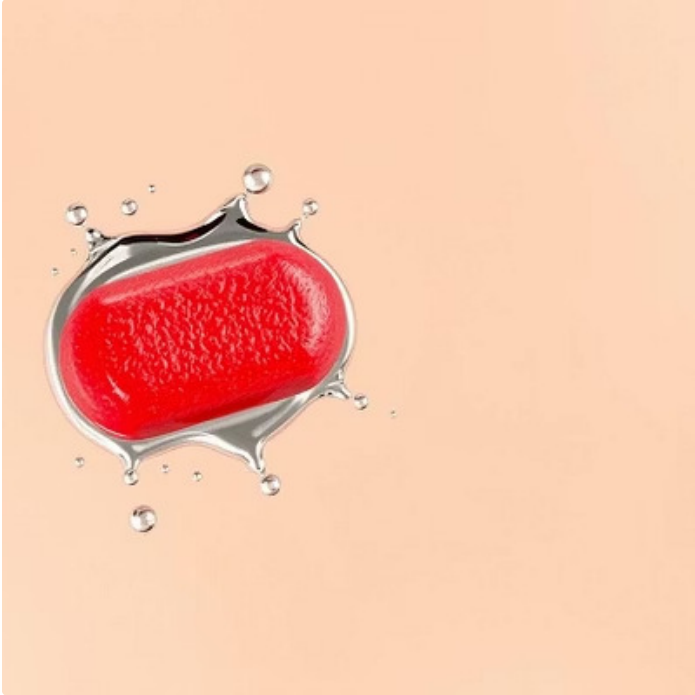
Pre-existing Conditions

Inform your doctor about any history of heart, liver, kidney conditions, or stroke before use.

Drug Interactions

Avoid grapefruit juice and recreational drugs like amyl nitrite, as they can enhance adverse effects.

Summary & Key Takeaways



Kamagra Polo 100 stands out as an effective and rapidly acting treatment for erectile dysfunction. Its innovative chewable form offers both convenience and quicker absorption, making it a preferred choice for many.

Remember, this medication requires a prescription and should only be used under medical supervision to ensure safety and efficacy. Always adhere strictly to dosage instructions and be fully aware of potential side effects and interactions with other substances or conditions.